

## **Safeguarding and Welfare Requirement: Health**

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

### **6.4 Nappy changing**

#### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### **Procedures**

- Our setting has a list of personalised requirements for the children in their care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.
- Our key persons undertake changing children; a familiar adult will change them if the key person is absent.
- Young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is a safe area to lay children and no bright lights shining down in their eyes.
- Each young child who is in nappies or pull ups will have their own bag on their peg containing their nappies or pull ups and changing wipes.
- There is a nappy changing cupboard in the changing area containing protective gloves, cotton wool, baby wipes, spare pull ups and disposal bags.
- Our staff put on gloves and aprons before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child and the mat cleaned with anti-bac spray after use.
- All our staff are familiar with the hygiene procedures and carry these out when changing nappies.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- In addition, we do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.

- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is double bagged and put in the outside bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home. We reserve the right to dispose of ordinary pants that are heavily soiled.
- Staff will record on the Nappy Changing Chart when they have changed children's nappies or pull ups.
- Staff will record on the Nappy Changing Chart when they have changed children's wet or soiled clothing.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

This policy was adopted at a meeting of

The Riverside Nursery School

Held on

1<sup>st</sup> March 2019

Date to be reviewed

March 2020

Signed on behalf of the provider

Name of signatory

Beverley Feeney

Role of signatory

Owner / Manager