

Sorting and Helping

To learn about shape, space, size and pattern

The following activities can give your child a sense of achievement, responsibility and independence, and can show them that helping can be fun.

Sorting food and shopping

- ☺ After bringing your shopping home you could talk to your child about the different shapes, sizes and weight of the boxes, tins and bottles.
- ☺ You could help your child to sort and count the containers. Talk about the colours and designs of the packaging.



- ☺ Arranging the shopping in the cupboards can encourage their spatial awareness and help give them a sense of order, all while having fun!

Sorting clothes



- ☺ After doing a load of washing and ironing you could help your child sort and separate their own clothes.
- ☺ You could show them how to fold their own clothes and talk about different thicknesses and textures of the fabrics.

☺ They could count their clothes and put them into piles.

☺ They could pair their socks, while talking about matching colours and patterns.

☺ They can arrange their clothes into their drawers.

